



# Ultimate Body Applicator System Instructions

## **CAUTION: FOR BEST RESULTS**

**Target only ONE area of the body at a time & use only ONE applicator at a time!**



### **Applicator Benefits:**

Firms, tones and smoothes in cellulite-prone areas.  
Gently smoothes and firms skin.  
Minimizes a “spongy” appearance.  
Restores youthful-looking body contours.  
Leaves skin supple, soft and satin-smooth.

### **Method of Use:**

1. Wash and dry area to be applied thoroughly.
2. Open package containing applicator and unfold.
3. Apply applicator with lotion side to skin ensuring good contact with the skin.
4. To secure applicator in place, use saran wrap, ace bandage or spandex clothing.
5. Wear applicator for minimum of 45 minutes.
6. Drink at least 8oz of water to help flush out toxins
7. Remove Body Applicator and discard it. Rub in remaining lotion thoroughly to applied area.
8. Check results.

### **Frequency of Use:**

Use one applicator every 72 hours until desired results (for maintenance use, apply once a month.)  
For best results apply Defining Gel between uses.

### **TRACK YOUR RESULTS**

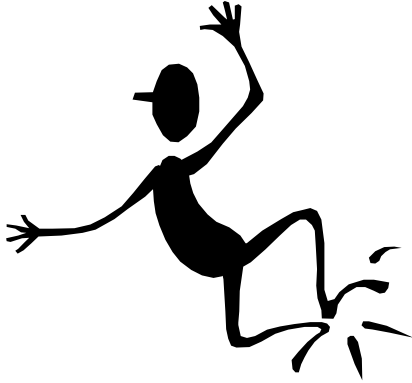
1. Which applicator(s) you used.
2. Start date/finish date.
3. Before/After measurements.

- Do not use if pregnant or lactating
- May not get desired results during menstrual cycle



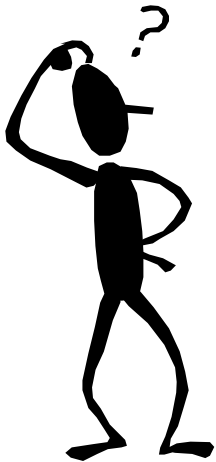


## *What To Expect The First Time You Use* **The Ultimate Body Applicator**



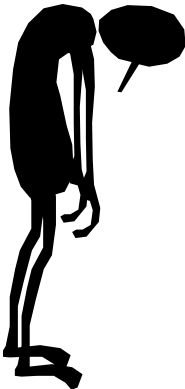
### **You'll gYY'a YUgi fUW'YfYgi `hg!**

- The Ultimate Body Applicator is successful for the majority of users the very first time it is used.
- The Applicator should not be compared to or confused with diuretic products that temporarily cause water weight reduction. The Applicator converts "fat cells" to energy.
- Along with the Applicator, sensible eating habits are recommended for optimum results.



### **What if nothing happens....**

- Although most begin to see improvements and inch loss after the first application, some may take up to 3-4 applications to achieve optimal results. Those who are on medication and/or who have toxic systems (i.e., are not regular) may fit in this category. Inch loss is not the only benefit from the Applicator. It also defines, tightens, tones and firms the skin, and visibly enhances the body's contours. It also diminishes the appearance of cellulite and skin slackening. Improves the elasticity, moisturizes and vitalizes the skin, leaving it smooth and flexible, with a youthful and fresh appearance.



### **What if I gain inches?**

- Don't be alarmed...this is actually a good thing! The Applicator will cause the toxins in the body to get stirred up, which will initially cause the body to bloat and produce an apparent gain in inches. Drinking a large amount of water within the next couple of days following the use of the Applicator will allow the body to flush the toxins and many have then seen a significant inch loss as a result!

With the Ultimate Body Applicator, results are progressive. With each treatment you will be more pleased with your results. Your skin will look and feel smoother, younger, more toned, and tightened. **A once a week application is recommended for continuous, progressive results and for ongoing maintenance. The more consistent and diligent you are in applying the Ultimate Applicators the better the results!**

Additional products are available to help the body by increasing metabolic activity, suppressing appetites, reducing fat and carbohydrate intake, looking younger and detoxification. Please view the website that you placed your order with for more information.